Murdock High & Middle School Athletics



Conditions Governing Participation in Interscholastic Athletic Activities for the Murdock High & Middle School

PRE-SEASON RESPONSIBILITES

All candidates for athletic teams at Murdock High and Middle School must meet the following obligations prior to attending any tryouts or practice sessions to receive "clearance to participate" from the Athletic Department.

- Have evidence of a passed physical examination within 13 months of the start of each season. Examinations must be performed by a duly registered Physician, Physicians Assistant, or Nurse Practitioner. The MIAArecommended physical forms can be provided by the Athletic Department upon request.
- Registered on line via Familyid.com.
- Be less than 19 years of age on or after September 1 of the current school year.
- Be academically eligible.
- If a transfer student, must notify the Athletic Director.
- Must have paid a minimum of one-third of the applicable user fee for the sport.

RULES AND PENALTIES FOR RULE VIOLATIONS

- 1. Student Eligibilty: Chemical Health/Alcohol/Drugs/Tobacco.
 - Rule During the season of practice or play, a student shall not, regardless of the quantity, use, consume, possess, buy/sell, or give

away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance. This policy includes products such as "NA or near beer". It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.

Penalty

- ❖ First violation: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contest totaling 25% of all interscholastic contests in that sport. For the student, these penalties will be determined by the season the violation occurs. No exception is permitted for a student who becomes a participant in a treatment program.
- ❖ Second and subsequent violations: When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contest totaling 60% of all interscholastic contests in that sport. For the student, these penalties will be determined by the season the violation occurs.
- ❖ If the second or subsequent violations the student of his/her own volition becomes a participant in an approved chemical dependency program or treatment program, the student may be certified for reinstatement in MIAA activities after a minimum of 40% of events.

2. Loyalty to High School Team: Bona Fide Team Members

- Rule A bona fide member of the school team is a student who is consistently present for, and actively participates in, all high school team sessions (e.g., practices, tryouts, competitions). Bona fide members of a school team are precluded from missing a high school practice or competition in order to participate in a non-school athletic activity/event in any sport recognized by MIAA.
- <u>Penalty</u> Any student who violates this standard is ineligible for the next two contests or two weeks (whichever is greater) immediately upon confirmation of the violation.

3. Only One Sport Per Season Is Permitted

- <u>Rule</u> A student-athlete shall participate in only one MIAA interscholastic sport in any defined MIAA sport season (Fall, Winter, Spring), including tournaments and/or championships in that season. For the purposes of this rule, a student-athlete officially becomes a member of his/her team for the sport season on the date of that school's first regular season contest in that sport.
- <u>Penalty</u> If a student-athlete violates this rule, he/she will be ineligible for that season.

4. Sportsmanship: Athlete Contest Disqualifications/Suspensions

- <u>Rule</u> This applies to a student who has been excluded from a contest by a contest official.
- Penalty A student who is ruled out of a competition (including a jamboree, scrimmage, etc.) shall not participate in the next scheduled interscholastic competition with a member school or in MIAA tournament play. [Note: Ice hockey and soccer require a two game disqualification.] A student ruled out of a contest twice in the same season shall be disqualified from further participation in that sport and in all sports during that season for a year from the date of his/her second disqualification. A student who physically assaults an official shall be expelled from the activity immediately and banned from further participation in all sports for one year from the date of the offense. Any student in any sport who willfully, flagrantly, or maliciously attempts to injure an opponent shall be removed from the contest immediately and shall be ineligible in all sports for one year from the date of the incident.

5. Student Eligibility: Physical Examination/Medical Coverage

- <u>Rule</u> All students must pass a physical examination within thirteen months of the start of each season.
- <u>Penalty</u> A student in violation shall be suspended for the number of contests in which he/she participated without a proper physical.

6. Good Citizen Rule

- <u>Rule</u> Student-athletes may not represent their school if they are on in-house or out-of-house disciplinary suspension.
- <u>MIAA Penalty</u> A suspended student is ineligible for practice or competition for at least the number of days (or partial days) equal to the number of days of the suspension.
- <u>Murdock Penalty</u> An athlete suspended or placed in the in-house restriction for one day will also be suspended from the next athletic contest.
- <u>Murdock Penalty</u> An athlete suspended or placed in the in-house restriction for two consecutive days will also be suspended from the next two athletic contests.
- <u>Murdock Penalty</u> An athlete suspended from school for three or more days must appear before the Athletic Disciplinary Board (coach of sport, athletic director, and assistant principal of the school). Suspension may range from the amount of days suspended to the rest of the sport season to the remainder of the year.
- <u>Murdock Penalty</u> Athletes who are assigned after school detention must attend the detention, whether it is a teacher detention or office detention, regardless of practice and game schedules

7. Gambling, Vandalism, Stealing

• <u>Penalty</u> – The consequences of these actions will lead to dismissal from the team for the remainder of the season.

8. Physical Violence

• Penalty – Physical violence, including fighting during a game, on the part of any student-athlete toward teachers, coaches, officials, opposing team members, spectators or other school personnel will lead to the immediate suspension from the team for the remainder of the year. Fighting in school will result in a five-game suspension, resulting in the athlete appearing before the athletic disciplinary board.

9. Threats or Abusive Behavior

• <u>Penalty</u> – The student-athlete must appear before the athletic disciplinary board.

10. Profanity or Vulgarity

• <u>Penalty</u> – Student-athletes will be suspended and/or removed from the sport for the remainder of the season.

11. Athletic team attendance

- Rule All athletes will attend all practices, scrimmages, games and meets. Players who know that they will be late for or absent from a practice or a game should notify the coach sometime prior to the end of the regular school day. Examples of acceptable excuses are: illness; school concerts and class trips; college visitations; doctor's appointments; and religious holidays.
- Penalty First Offense: one day for an unexcused absence from practice or scheduled meeting will result in a warning; Second Offense: will result in suspension from the next scheduled event; Third Offense: will result in a dismissal from the team or squad. An unexcused absence from a game or meet will result in dismissal from the team.

12. Athletic Dress

- Rule On the day of a game, all team members must wear appropriate clothing during the school day. Appropriate clothing for males is a collared shirt, a tie, and pants with the acceptable portion of the team uniform. Acceptable dress for females on the day of a game is a skirt, dress slacks and a blouse or sweater, dress shorts, or the acceptable portion of the team uniform. Sweatpants and tee shirts are not acceptable dress for team members on game days.
- Penalty Student-athletes failing to comply with these expectations of student appearance will not be given more than one warning at which time if the offense is repeated, they will be unable to participate in the game on the day of the infraction.

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